

Tennessee RugbyPark

8051 Oak Ridge Highway, Knoxville, TN 37931

From I-40 and I-75 North bound

- exit 376 toward Oak Ridge at I-140/TN 162 N
- continue North using Exit 376A on TN-162 / Pellissippi Parkway towards Oak Ridge
- travel approximately 5 miles
- take a right (merge) on Hwy 62 East / Oak Ridge Highway
- travel approximately 2 miles, RugbyPark will be on the right

From I-75 South bound

- to I-640 West
- Exit 1 - Western Avenue / Hwy 62 West
- Travel approximately 10 miles west on Western Avenue / Oak Ridge Hwy.
- TN RugbyPark will be on the left

